

PHIL AND FRIENDS CHALLENGE RIDE. 106K ROUTE.[2] Start 9.00 am to 10.00 am on Sunday Aug.2nd 2009 at The Lomas Hall, Church Street, Stannington, Sheffield, S6 6BQ.

This is a challenging ride, please take care on the roads especially in **traffic** and on the **many descents** some of which are **steep and twisty**. There is also **mud and gravel to consider**. **Take note of our Marshal's guidance.**

R = turn right, L = turn left, SO = straight on, TLS = traffic lights, O = roundabout, imm = immediately, T = T junction, X = crossroads, SP = sign post, places passed through are in CAPITALS. Distances are approximate.

Lomas Hall HQ WILL CLOSE AT 9.00PM. **EMERGENCY PHONE NUMBER 07714239182, also please ring if you will not be coming back to the HQ.**

1. R out of car park, 2nd L Bankfield Ln. L at T SP Dungworth, imm. R Sprout Ln. **steep descent** R at T SP BRADFIELD, L at T SP BRADFIELD pass Nags Head Pub on way to BRADFIELD go through village to bear R up Brown House Ln. Follow rd. to L at junct., over X to T, R, no sign. Cont. to take 1st L, SP Langsett [9.0m-14.4k], in UPPER MIDHOPE swing R then L SP LANGSETT to T, L, **BUSY ROAD** SP Huddersfield A 616.

SO at O A616, SO at mini O A616, L at next X SP HOLMFIRTH, Trans Pennine Trail, [14.0m – 22.4k]. Cont. to **long descent** into HOLMFIRTH **rough surface in places especially towards bottom.**

REFRESHMENTS Right at T, 70 yards, CORNER HOUSE CAFÉ CTC LISTED.

2. To continue route either L at T swing R to TLS, L, [Huddersfield Rd] A6024 follow signs to Glossop,

OR L out of café to TLS.

Follow road to climb through HOLME village and over Holme Moss, **long steep descent** to T, R, SP Manchester A628 **busy road** [24.0m – 38.8k]

Take 1st L SP Glossop B6105, follow road to GLOSSOP, at TLS X SO follow A624 Chapel en le Frith signs thro. LITTLE HAYFIELD, HAYFIELD to T under bridge at CHINLEY, L, SP CHAPEL EN LE FRITH, thro CHAPEL MILTON to O, SO, [CHAPEL EN LE FRITH sign **after** O] to T, L SP Buxton A6 [42.0m – 67.2k]

Take 1st L SP Buxton, Manchester A6, RUSHUP, EDALE go under A6, cont. to L turn SP Barber Booth, EDALE [46.0 – 73.6k]

Steep long descent, pass car park on L in EDALE, cont. thro. MILL COTTAGES to REFRESHMENTS at GREEN ACRES CARAVAN and CAMPING on R opp. YHA sign. [50.0m – 79k]

3. R from GREEN ACRES and cont. to HOPE, at T L SP Sheffield A625 [54.0m – 86.4k].

Follow road to TLS by Texaco filling station on L, [56.0m – 89.6k] L SP BAMFORD A6013 Lady Bower.

Ride thro. Bamford to T, R, SP A57 Sheffield, follow road to take 2nd L on RH bend [after white High Riggs Nursery sign on L] SP Bradfield Dungworth [62.0m – 99.2k].

Go up hill follow road passed Stannington 2 sign on R to STANNINGTON.

At T R SP PARKSIDE to **finish** on Left.

105k-65m, WELL DONE.