



Sheffield District CTC Specification for Family Rides 2012

Sheffield District CTC is committed to running a monthly family friendly bike ride during the summer of 2012 in order to support and encourage more families to enjoy cycling.

This document provides information to enable cycling training organisations provide a quotation to the club for support to these rides.

The rides

The rides aim to encourage family cycling, they will not be open to unaccompanied minors. Although adults will be expected to accompany their children, it cannot be assumed that they have the riding skills to ensure they or their children remain safe. So each ride will comprise:

- ⤴ A ride leader who is a national CTC member has been listed by Sheffield District CTC as a ride leader
- ⤴ Two ride leaders from the support organisation
- ⤴ A specified maximum number of participants

Rides will take place on a monthly basis from June to September on the same day of each month, e.g. fourth Sunday of the month. Rides will be typically 10-12 miles with a planned refreshment break and conducted at a suitable pace for novice and inexperienced riders. Rides can start from the same location every month or from two alternate locations. It is likely that the total duration of each event will be approximately three hours, but clearly this will depend on a large number of factors including the routes proposed.

The CTC have been running family rides since Summer 2006. Brief write-ups of rides are available on the family cycling blog www.sheffieldfamilycycling.blogspot.co.uk where you can also get an idea of the routes we've used.

Typically, there is a wide variation in cycling ability of both adults and children in the families that join in. People also turn up on a range of cycling set-ups to transport children of varying abilities so at various times we have had families join us using a bicycle trailer, tag alongs and duet disabled bike. We therefore choose cycling routes that are accessible for these different types of riders.

There is usually a group of children cycling solo who can handle their bikes, but cannot be relied upon to have any road awareness (some children from age 5 cycle solo). Because of this we don't normally take these rides on roads.

CTC responsibilities

As rides are conducted as part of the Sheffield District CTC ride programme, the CTC will provide third party insurance and agree the routes with the support organisation.

Support organisation's responsibilities

The support organisation will:

- ⤴ identify the routes
- ⤴ risk assess the routes in advance
- ⤴ provide two ride leaders who in addition to leading the ride can assist participants with small mechanical problems
- ⤴ support the rides to ensure participants have a safe and enjoyable experience.

Joint responsibilities

Both parties will promote the rides

Monitoring

Our aim is to encourage more families to cycle more frequently and we hope that the family rides give people more confidence in their abilities and more ideas for routes to try.

We actively encourage feedback from participants as a way of assessing how well the family rides are meeting these objectives. Decisions about commissioning support with future rides will be informed by how positive this feedback is.

Future

If the programme of rides is considered successful Sheffield District CTC are committed to extending the availability of family rides in the future, subject to funding being available.

Proposals

Proposals should identify how the organisation will fulfil their responsibilities and the cost of providing the service. We would like the bidding organisation to identify the maximum number of participants and the costs of expanding beyond this number.

Sheffield District CTC will accept the proposal which offers best value for money and this may not be the least expensive. Proposals should be sent to sec@sheffieldctc.org by 25 May 2012. Questions on the planned rides can be addressed to Gareth Dent on 077928 99501 and Sophy Hallam via email, sophyhallam@gmail.com